

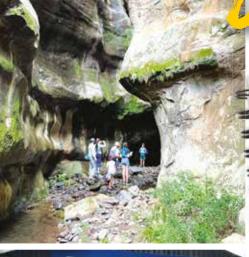






the

travel book













### FUEL STATIONS







The Real Good Travel Book, a collection of memorable travel experiences from OFM's listeners and presenters, showcases some of the hidden gems of Central South Africa.

This book was compiled following a competition run on OFM. We invite you to use this compilation, presented in collaboration with Mahareng Publishing, as a companion to your travels through the Free State, Northern Cape, North West and Vaal. We hope you enjoy the experiences, tips and stories featured in *The Real Good Travel Book!* 

**Disclaimer:** All information provided in this book is intended for informational and entertainment purposes only. The views expressed are personal opinions only and should not be construed as professional travel advice. While every attempt was made to provide accurate information at the time of publication, certain information may change over time. Please do your own research and use the information provided at your own risk.





### The Real Good Travel Book



The Real Good Travel Book is a celebration of the Central South African lifestyle.

Central South Africa is home to many wonderful places to visit, things to see and delicious food to enjoy. A special thank you to our listeners for sharing their bucket list experiences with us. It was special reading all the adventures and now OFM gets to share it with you.

My thanks to the Mahareng Publishing team of Corni Fourie, Joanita Lloyd, Margaret Linström as well as the Mahareng Creative Design Studio for the work that went into this project.

Thank you to the OFM presenter team, and the OFM team of Anchen Lintvelt, Elzette Boucher-Krüger, Tim Thabethe, Giselle Linström and Corné Greyvenstein for the creative energy behind this project.

A special word of thanks to our clients and partners in making *The Real Good Travel Book* come to life.

Enjoy the adventures!

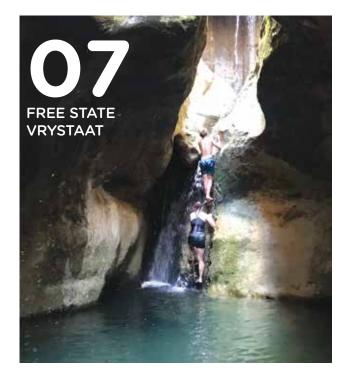
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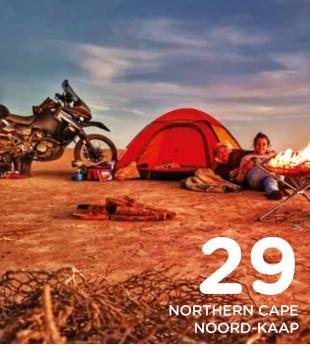
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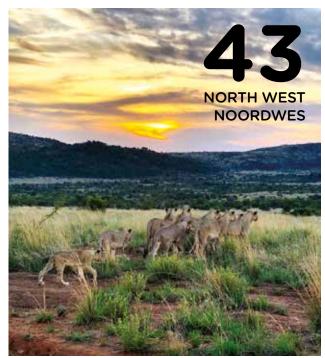
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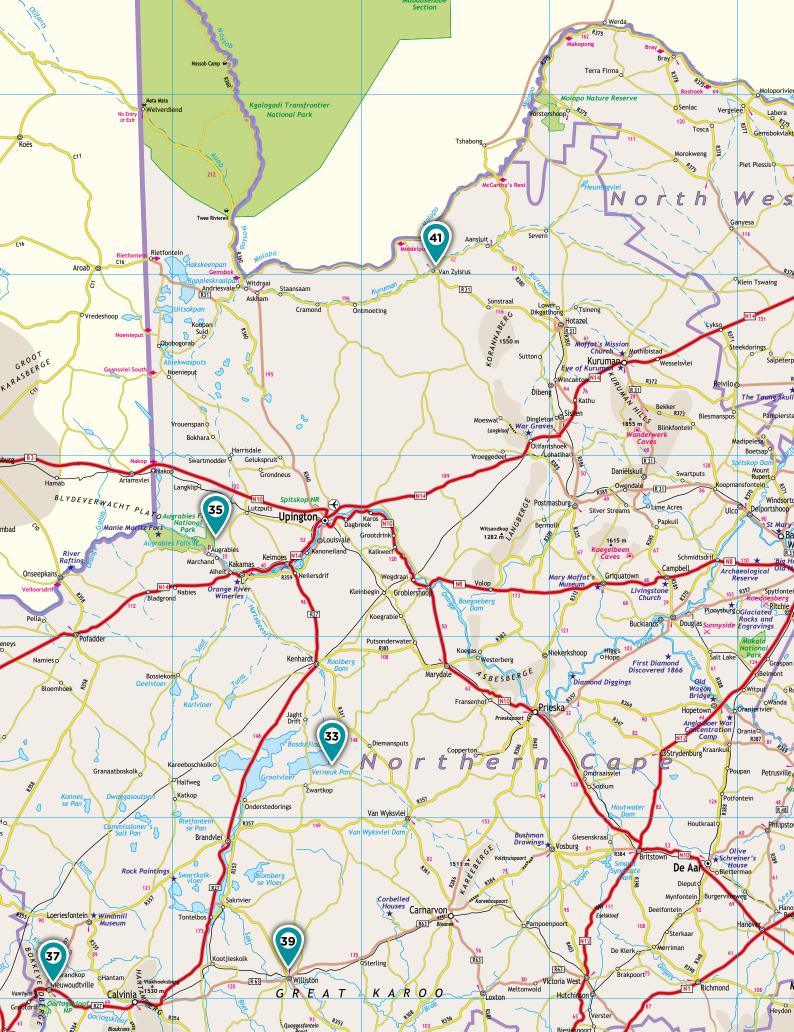








Our BUCKET LIST travel plans
Ons BUCKET LIST reisplanne















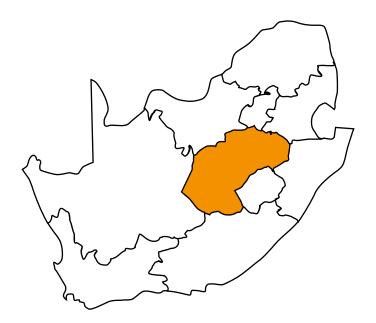
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### FREE STATE

# The heartland of South Africa



Watch a video of OFM's presenters exploring the Free State. he heartland of South Africa is so diverse that it's practically its own little country. And because the Free State borders more provinces than any other province - Mpumalanga, KwaZulu-Natal, the Eastern Cape, the Northern Cape, the North West and Gauteng - it's the ideal starting point for your Central South African road trip.

If you are a history and culture buff, then a visit to the capital of the Free State, Bloemfontein, is ideal for museum hopping. The National Museum, the Anglo-Boer War Museum, the Sand du Plessis Theatre and the Oliewenhuis Art Museum are but a few of the well-maintained institutions in the city.

Heading out of Bloemfontein and eastward, you will encounter the timeless charm of towns, such as Ladybrand and Rosendal, with their picturesque sandstone guesthouses and art galleries. A trip to Ficksburg, where the annual Cherry Festival takes place in November, is worth a stopover.

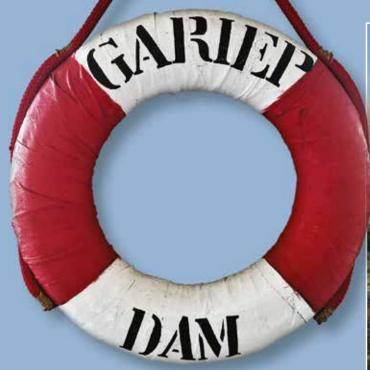
The bustling town of Clarens remains a perennial favourite with its many eateries and quaint shops that invite you to walk the streets browsing for a good few hours. There are many family-friendly activities to be enjoyed in the surrounding areas, such as ziplining, fishing and abseiling. Then lace up your boots and go for a hike in the Golden Gate Highlands National Park, where the majestic sandstone outcrops are reminiscent of a Pierneef painting. Also in the park is the Basotho Cultural Village and the Vulture Restaurant (where you might be lucky enough to spot these elusive birds of prev or the nippy little jackals).

Once you are done exploring the Eastern Free State, do a U-turn and head to the Gariep Dam Nature Reserve - the biggest dam in the country and home to a multitude of attractions and activities to revel in. Along the way, stop in at delightful towns such as Philippolis, where you can enjoy a taste of *witblits* with the locals.



THE REAL GOOD TRAVEL BOOK

#### TO DO, TO STAY, TO EAT & DRINK in the FREE STATE









MAIN PHOTO: Tranquil village ambience combined with scenic views and a mild climate makes Clarens a popular getaway for city dwellers. CLOCKWISE FROM TOP LEFT: Gariep Dam, founded as "Oranjekrag", is a settlement in the Xhariep District Municipality. The dam itself is located near the town of Norvalspont and is the largest storage reservoir in South Africa. Did you know, the statue of Nelson Mandela on Bloemfontein's Naval Hill is one of the largest in the world? Franklin Reserve is also only one of two places globally where a game reserve is completely enclosed within the city. Yolanda Maartens broadcasted from World Tourism Day celebrations in the vibrant northern Free State town of Parys.



Koepel Mega Zip Adventures, PARYS

### Enjoy nature from a very different angle











our experience starts driving on the back of a bakkie up a mountain on a 4x4 route to your first zipline. You zipline 2 x 600m lines and also hike a little in between the two lines. With ziplining, you hang in a hoist and fly through the air very fast. It is in the heart of the Koepel, just outside of Parys, and you get to enjoy time in nature from a very different and beautiful angle. It's three wonderful experiences in one single day.



#### Annelize Bruwer

(Vanderbijlpark)



Between the beautiful mountains of the Vredefort Dome World Heritage Site - near the popular towns of Parys and Potchefstroom - the unique dual zip line of Koepel Mega Zip Adventures gives you a new angle on the adventurous life. Unzip your bravery - contact them at 079-498-6644 or book your Mega Zipline experience on koepelmegazip.website/



### Cathedral Cave Hike, **CLARENS**

### My moment in heaven





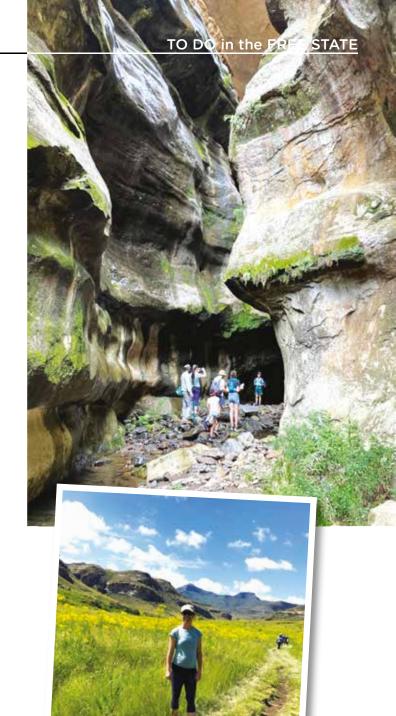




veryone knows Golden Gate, right? I thought I did, until I saw a magical photo of ■ a double-storey cave with a waterfall! This is the amazing Cathedral Cave hike. How did I not know about this? This hike is the easiest in the park, meandering for three kilometres on a wellkept footpath that ends at the caves. You will be mesmerised by the beauty of this double-storey cave and you won't believe that you are in the Free State Province. At the first, lower waterfall. you can choose to relax, or be adventurous by swimming through a small pond to the bottom of the first waterfall, where you'll find a short ladder that takes you to the upper cave and the second waterfall. There I floated on my back and for a moment I was in heaven. The beauty cannot be described. Getting to the second "upstairs" cave is more for the fit and daring at heart. On descent, you can take a courageous five metre jump down into the lower pond instead of using the ladder. It's for young and old, timid and brave! It surely is one for the bucket list. Book in advance.

#### Mariza Kotze

(Senekal)



The SANPark's Golden Gate National Park at Clarens offers a guided Cathedral Cave Hike. Book in advance for a minimum of five and a maximum of ten people at www.sanparks.org/parks/golden gate/ or 058-255-1000, and establish whether the route is available or closed due to the breeding of birds.



Windmill Casino welcomes guests with the promise of the best fun to be had in Bloemfontein.

Set just off the N1 Highway, this Sun International gem has continued to serve as the ultimate one-stop entertainment destination for families all around the country. This year marks their 15th year in operation as more than just a casino, but as a business travel haven and a meetings and events venue.

Overall, Windmill Casino offers an impeccable space for gamers, comfortable accommodation, a variety of entertainment venues, free Wi-fi, a host of dining options and is within close proximity to Bloemfontein's popular tourist attractions.





### **BLOEMFONTEIN Parachute Club**

### One day I decided it was time to be brave









he way I overcame my biggest form of fear and depression without having to go the more conventional route was, in fact, SKYDIVING. Living in Bloemfontein we are often told there is very little to do, which seemed true until I met someone who skydives. This person immediately sold the concept to me when I saw their eyes light up with pure excitement. So, one day, I decided it was time to be brave and do what very few people are willing to do - to jump out of an airplane with nothing but a parachute on my back. This experience not only helped me to overcome my issues, but it was also a great way to meet a diverse group of people all sharing a similar passion. This experience will change anyone's life; not for all, but definitely something worth ticking off.

#### Dieter Borchard

(Bloemfontein)



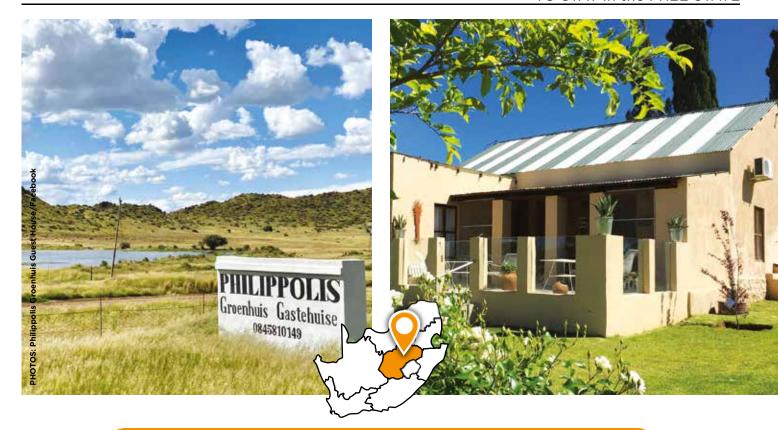
Home to adventurous skydivers and the brave conquering their fear, the Bloemfontein Parachute Club introduces you to the blue skies just west of the City of Roses, at the Tempe Airport in Groenvlei. There you can relax at the Airborne Café, a familyfriendly burger restaurant while contemplating your choices, which include Tandem Skydiving. Jump at it - contact them via their Facebook Page or at 082-089-3735.



### A JEWEL IN THE KAROO



Formerly the Gariep Hotel, de Stijl Gariep Hotel is now the Upper Karoo's most stylish hotel, offering 43 chic, contemporary and extremely comfortable rooms. The hotel overlooks the Gariep Dam, giving breathtaking big sky views. Surrounded by the stark beauty of the Karoo, the Gariep Dam stretches for as far as the eye can see; jewelled sunsets blaze across the African sky and the sound of silence lulls guests to sleep under the Southern Cross. On the N1, halfway between Cape Town and Gauteng and only 180km from Bloemfontein access is easy from the Northern Cape, Free State and Eastern Cape. de Stijl is ideally placed to make your journey less stressful and more rewarding. It is after all about the journey and not just the destination.



### Die Groenhuis Guest House, PHILIPPOLIS

### 5-star experience off the beaten track











e decided to visit the two big dams in our region - Vanderkloof and Gariep - as both were overflowing on our wedding anniversary on 30 January 2021. We stayed at Die Groenhuis in Philippolis for the weekend - what a gem this lovely restored guest house is. The food prepared by Thembi is 5-star. The effort they put into our anniversary dinner was out of this world! Off the beaten track, this is a 5-star experience hosted by Jens Friis - a must visit!

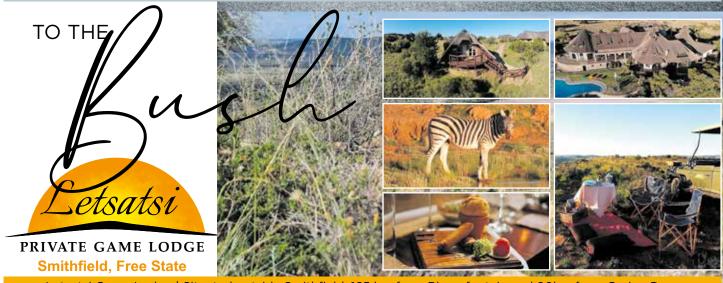
#### Bennie vd Westhuizen

(Douglas)



Die Groenhuis is situated on the edge of Philippolis and offers three carefully restored Karoo townhouses, of which the oldest dates back to 1890. Discover the quaint little town's rich history or enjoy a late afternoon stroll - don't be surprised if you come across peacocks, buffalo, and even roaming rhinos! Visit www.diegroenhuis.co.za/ or book at 084-581-0149 for the perfect halfway house between Gauteng and the Cape.





Letsatsi Game Lodge | Situated outside Smithfield, 165 km from Bloemfontein and 90km from Gariep Dam 0823112201 | 0726109390 | info@letsatsigamelodge.com | www.letsatsigamelodge.com



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### Lodge Star of Africa no. 61, JAGERSFONTEIN

### Lodge was masons' meeting place

travelled from Philippolis to Jagersfontein with my friend, who is a Dutch journalist. We were looking for out-of-the-way places. No-one thinks of Jagersfontein as a tourism centre, but it has an amazing mining history from the 1880s. In those days, the Freemasons were an important group. Many Dutch and English people were Masons. They built a beautiful meeting place (Lodge) in Jagersfontein. This is now a very atmospheric guesthouse. The central hall of the building is still perfectly maintained as it was over 100 years ago. There are two lovely guest rooms. The owner is an entrepreneur from Johannesburg, who spotted good potential in Jagersfontein. Many houses still have their former glory. Jagersfontein was such a dynamic mining town in the 19th century that it had its own bank! During the Anglo-Boer War, there were Freemasons on both sides of the conflict, and

one day they had a meeting in Jagersfontein! We need to celebrate this amazing history. There is no visible eatery in Jagersfontein itself, but we had a lovely supper at Phoenix Restaurant in the nearby Fauresmith - another town with a lot of history!

#### Doreen Atkinson

(Philippolis)











Explore the history of South Africa's biggest handdug hole, as well as the country's oldest diamond mine, both at Jagersfontein. Book your exploration base (082-584-5471) at the fascinating Lodge Star of Africa no. 61, the Freemasons' beautiful meeting place in this once-dynamic mining town.

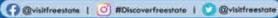




# Free State more than a

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### Rediscover The Free State

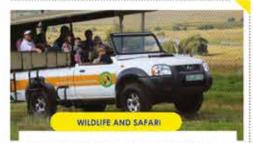
The wide golden plains make Free State a natural beauty with its open farmlands, and uninterrupted skylines, unique, eccentric towns and villages, interesting road rautes, and the vast rocky mountain areas.



Rich with a cultural mix of African and European. and a history of struggle wars, the Free State has a range of museums which houses valuable collections from various disciplines such as history, nature, art and culture. Visit the Oliewenhuis Art Museum to view art collections that represent the heritage of South Africa.



Get on the top of the highest point in the Golden Gate park, Ribbokkop, to witness the picturesque view from the impressive sandstones. Naval Hill in the City of Roses, Bloemfontein gives you the panoramic view of the whole city or view 8m tall statue of the late former president Nelson Mandela.



Known for its impressive sandstone, the Golden Gate Highlands National Park with its stunning sandstone formations a beckon for honeymooners. an Eldorado for hikers, clímbers and nature as well as history lovers. A home for a variety of mammals and birds.



Take a hike in the Rocky Mountains surrounding the Vredefort Dome, view untouched San paintings, and absell or rock climb in the area. Parys is an ideal place for white-water rafting, hiking, mountain-biking, abseiling, horse-riding, fly-fishing, deep-water angling and game drives, perfect destination for adventurers to flock. Visit the world's fourth best racetrack in the world, Phakisa is the safest track in the country.



For a modern, thriving and cosmopolitan city, the Free State Boer history of Bloemfontein is prominently displayed in its architecture, museums and in memorials. The Loch Logan Waterfront boasts world-class shopping facilities, sports stadiums and entertainment venues. The City of Roses has thriving arts, culture, entertainment industries, and hosts several large annual events. Explore Kasi tourism, to get a taste of the local cuisine and to experience how the people from the townships live, and their form of entertainment.

### DISCOVER THE FREE STATE

combination of our spectacular Big Five route experiences, as you travel along the roads.

#### BIG FIVE ROUTES



Famous for the one hill, that is found in the heart of the City of Roses, Bloemfontein, Naval till gives you the panotomic view of the whole city, whist cinning at the Edge Restaurant or viewing 8m tall statue of the late former president Nelson Mondela.



Cheetah Route Ambassador (Nthabiseng Methola): +27 73 494 5828



The Eagle route runs along the majestic Drakensberg Mountains that forms a pictographic landscape at the backdrop of the Eagle Route. Known to be the jewel of the province due to its scenic beauty, rich history & heritage, leisure tourism and adventure



Eagle Roule Ambassador (Bonalo Molete): +27 72 056 6090



Easily accessible from Johannesburg, the Joh route is less than an hour from OR Tambo International Argort. Situated in the northerni region of the Piece State, this rustic area is rich with a collection of activities and weekend getaways that make it attractive to both those travelling through, and others searching for a break from the big cities.



Lion Route Ambassador (Keakabetse Ramokonopi): +27 82 708 0342



A part of the world known to few, the Springbok route stretches from Jacobsdal Koffiefantein, Jagersfonetein, Philippolis Bethulie and Gariep Dam. The route is also rich in culture and heritage sites and is home to the biggest manmade dam in South Africa.



Springbok Route Ambassador (Kellioe Moiete): +27 79 496 2999



Rich in gold deposits and lies at the neart of the province's goldfields. The Flamingo route rurs through Bothavite, Welkam, Ventersburg, Virginia, Winburg and Brandfort.



Flamingo Roule Ambassador (Dineka Lephowani): +27 76 513 8988



### Fairview Estates, FOURIESBURG

Graansilo 'n verskuilde juweel in die Oos-Vrystaat











ussen die sandsteen Maluti-berge van die Oos-Vrystaat lê dié verskuilde juweel - Fairview Estates. Ons het in die Twin Towers tuisgegaan, maar verder, tussen die berge, is nog 'n ou plaasopstal wat verander is in 'n huis met drie slaapkamers. Dis 'n werkende plaas met twee graansilo's wat omskep is in die mooiste gastehuis met drie verdiepings, met die vierde verdieping die braai-area. Hulle boer met alpakkas op die plaas, 'n kameelagtige soogdier van Suid-Amerika. Instagram-foto's wat jou laat dink jy het Suid-Amerika besoek, sal jou vriende beïndruk. Die plaas het ook wandelroetes na sandsteen-grotte. Ons het die off road trail run-paadjies gevolg en sommer 'n lekker lang oefensessie ingekry. Ons het ná die tyd in die plaasdam afgekoel. Clarens met sy eetplekkies en winkels is 45km van die plaas, maar wie wil nou rondry as jy net kan rus met stilte om jou? Vir die voëlkyker is daar ook meer as genoeg om na te kyk. Fairview Estates moet beslis op 'n mens se bucket list wees.

#### Carine Pienaar

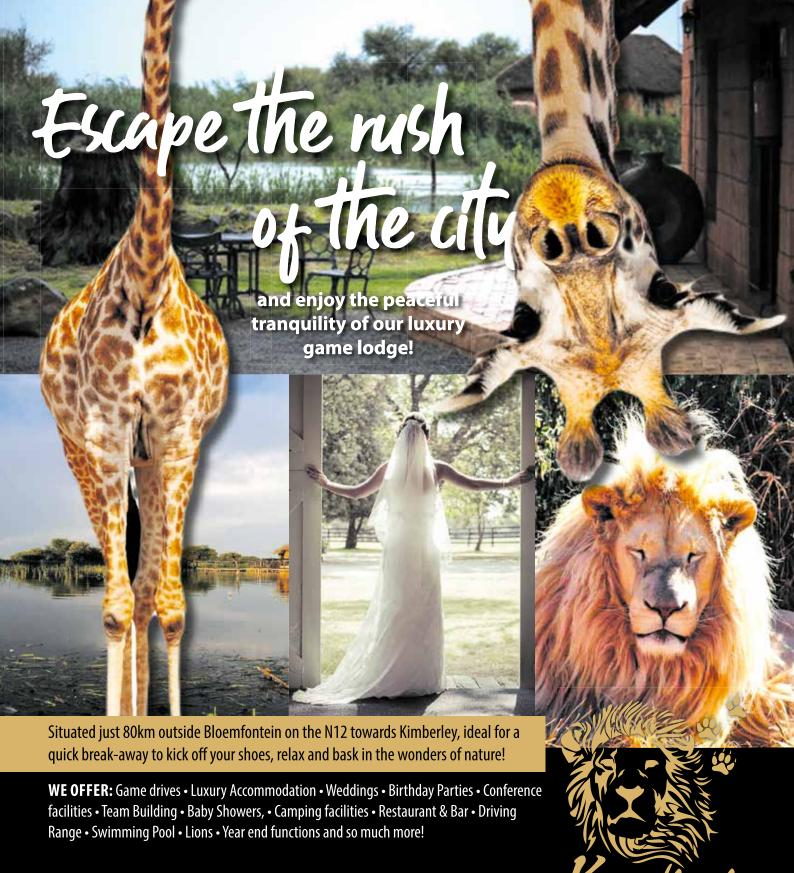
(Bloemfontein)







Die gasteplaas **Fairview Estates** – tussen Fouriesburg en Clarens – bied verskeie unieke verblyf-opsies: die Damn Caravan by die foreldam, die omskepte silo genoem *Twin Towers*, of die ouwêreldse luuksheid van 'n sandsteen-plaashuis waar jy tussendeur die skattige alpakkas, Bonsmara-beeste, en Appaloosa-perde saans sit-sit-so op die stoep kan boer. Gaan kyk self na **www.fairviewestates.co.za** of bespreek by **082-377-5222** en vergeet die stad se gewoel.



**GAME LODGE** 

Contact us for your weekend break-away or just stop over for a braai and enjoy a fun day out with the family!

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De Krantz Exclusive Wildlife Reserve, LADYBRAND

I do not like camping, but glamping - yes!













fter googling images of De Krantz, I decided on the spot we MUST go. It's beautiful and definitely a Free State gem. I do not like camping, but glamping - yes! The jacuzzi overlooks the dam, which is even more beautiful at sunset. It was so comfortable and our experience was absolutely amazing! It is peaceful and tranquil out there. The service was fantastic and I would definitely return for another birthday weekend! A well-equipped kitchen with two bathrooms (shower and loo) made our stay even more comfortable! There are many other glamping sites for smaller groups. Go see for yourself. You will not be disappointed at all.

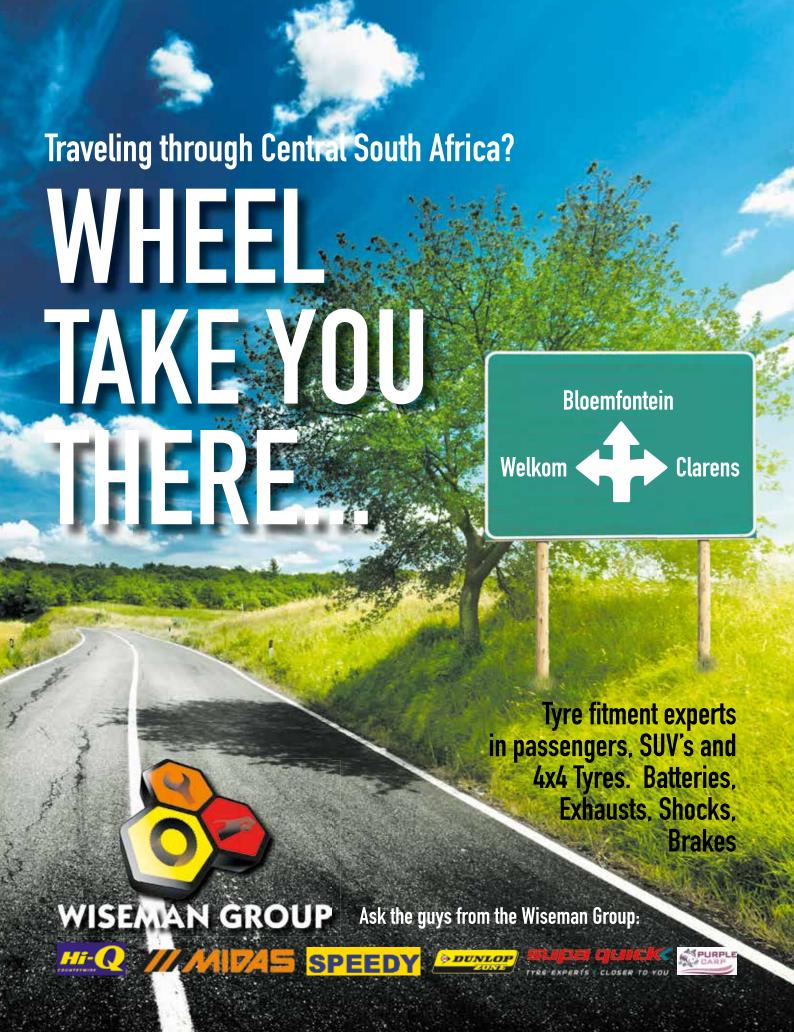
Taryn Di Costanzo

(Bloemfontein)



De Krantz Wildlife Reserve - situated between Ladybrand and Hobhouse - is an eco-friendly family reserve known for its majestic beauty and serenity. De Krantz has three private, spacious and well-defined campsites, complete with private bathrooms and kitchenettes. Exchange the city lights for starry nights and contact 078-802-1656 (www.dekrantz.com) to

experience outdoor adventure at its best.





### **CLARENS Brewery**

### Needless to say, we were back the next day











hen you think of Clarens, beautiful scenery, mountains, snow, and a cozy fireplace come to mind. A road trip with friends on our Harleys in February ensured that we enjoyed the scenery and the mountains, but no snow and no cozy fireplace. We were HTH (hot, thirsty, and hungry) after a five hour drive. We needed something to quench our thirst and fill our tummies. The place of choice was Clarens Brewery. Friendly faces willing to assist made us feel welcome immediately. A wide variety of beer, gin, and ciders were on offer, and it was difficult to choose. We ordered a platter for four, and enough food for an army arrived. Not only enough but delicious and well presented. We even saw that man's best friend was also welcome and photographed to feature on Brew Dog, a slot on the brewery's Facebook page. Needless to say, we were back the next day, and the experience was once again excellent.

#### Ineke Koegelenberg

(Kimberley)









Set in the foothills of the magnificent Maluti Mountains, Clarens Brewery is one of the country's first brew-pubs, cideries, and distilleries where a fun-loving team has the thrill of brewing, talking, serving, and enjoying great beers, ciders and distillates. Support the fantastic craft revolution that is sweeping our country and contact these brewers at 058-256-1193 or visit www.clarensbrewery.co.za and order yours!



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Fleurdal Mall







### The Cabin Farm Stall, **CLOCOLAN**

### A definite stop











he Cabin Farm Stall is a beautiful farm stall on your way to Clarens, from Bloemfontein, in the picturesque Eastern Free State. The food is always of the very best quality and especially the watermelon drink with a watermelon ice lolly is a must on any summer's day. The coffee and special milkshakes are to die for. The food is always freshly prepared, especially the Eggs Benedict, and their pizzas are scrumptious. There are several shops as you walk to the restaurant. They are unique and they sell sandstone artifacts. We have been going to the Cabin for more than 10 years and have stayed over in their beautiful



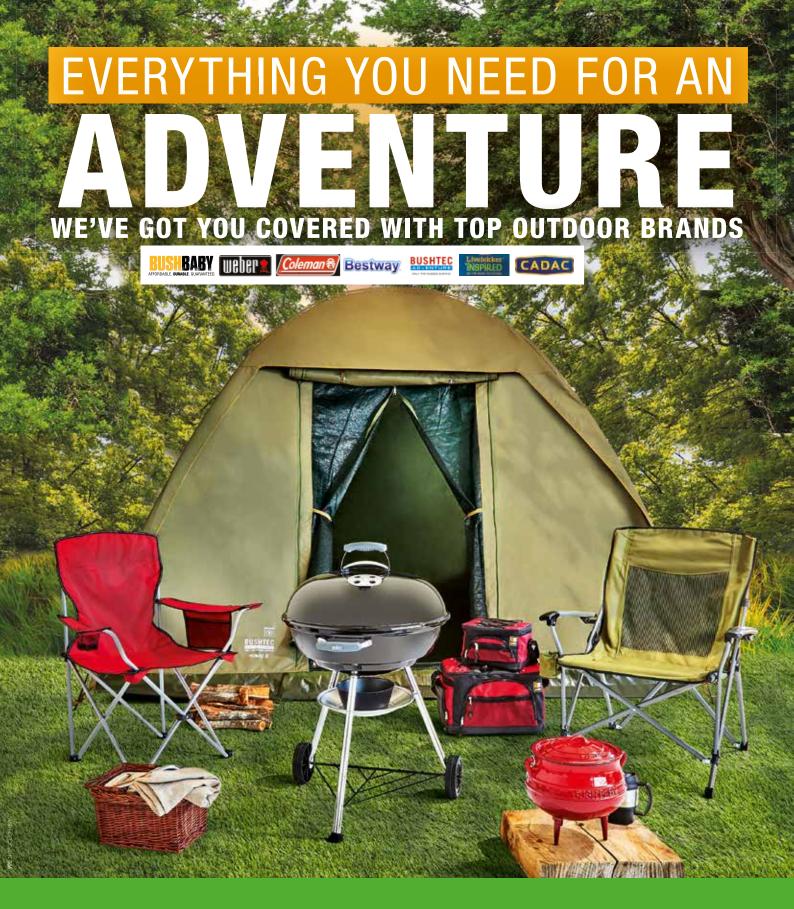
guesthouse, which is also a must. Recently, on Facebook's Ek reis deur my pragtige land...Suid Afrika, the Cabin was mentioned with many photos. All 78 comments were about how nice it is there and that it's a definite stop in the Eastern Free State. The Boer Soek 'n Vrou team also stops there regularly when they film in our area. I recently had my birthday there and the venue was beautifully decorated. A big must!

#### Nandi Haswell

(Ladybrand)



The very popular The Cabin on the R26 outside Clocolan offers the tired traveller a hearty meal and local produce while the art lovers can browse crazy creative hand-crafted items. Visit their Facebook page (or try 079-492-5976) to perfectly time your family outing with their freshly baked ciabatta loaves, pizza slices, tacos, G&T flavoured cotton candy, and more!



# Checkers Hyper and better



### Bon-Af Berry Farm, PARYS

### From berries to historical exhibits

s it time for a much-needed break that won't break the bank? Bon-Af Berry Farm, located on the R59 just outside of Parys, is the ideal place to go. This hidden gem offers a variety of berries just for your picking. Not berry season? Well, no problem. You can enjoy a workshop in either butter making, coffee bean roasting, or soap making. Make sure to visit their little historical exhibits located all around the property; you are bound to see some pretty interesting pieces. After a relaxing picking session, grab a seat outside, order a milkshake, or even a piece of cake whilst you relax in the beauty and tranquillity the property has to offer. Why, you may ask? Because you know you deserve it!

### Deone Appelgryn (Welkom)











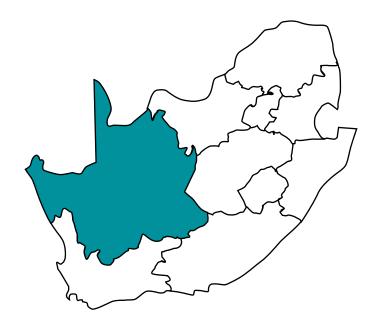


Visit the Facebook Page of Bon-Af Berry Farm at Parys and feast your eyes on the 95 varieties of succulent berries on offer! Then contact them at **082-837-8116** for a day of family fun at one of the few self-picking berry farms in the Southern hemisphere. Join a guided tour and indulge in all their restaurant and coffee shop have in store.

#### THE NORTHERN CAPE – SOUTH AFRICA

# YOUR ADVENTURE DESTINATION





### NORTHERN CAPE

- Verneukpan, SUID VAN KENHARDT
- RIEMVASMAAK
- De Krantz-huis, NIEUWOUDTVILLE
- Die Sinkhuisie, WILLISTON
- 41 Van Zylsrus, KALAHARI



### NORTHERN CAPE

# The largest province in South Africa



Watch a video of OFM's presenters exploring the Northern Cape.

s the largest province in South Africa - it's slightly larger than Germany - you ideally need a week or two to discover the best of the Northern Cape. The region is truly a case of the more Instagram-worthy places you visit, the more hidden gems you'll unearth.

Start your excursion in the capital of the Northern Cape, Kimberley, which became famous for its diamonds. Must-sees include the Big Hole, the Belgravia Historic Walk, the McGregor Museum, and the Kimberley Mine Museum. If you're interested in contemporary heritage, visit the public rock art project, the Wildebeest Kuil Rock Art Centre. A 90-minute drive from Kimberley, you will find the Mokala National Park, home to herds of buffalo, eland, and rhino.

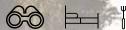
Heading north, you should stop in Kuruman - well known for its artesian spring and the Eye of Kuruman. The Wonderwerk Cave, which is a natural heritage site, is situated between

Kuruman and Daniëlskuil.

Surrounded by lush irrigated vineyards, the area around Upington is known as the Green Kalahari. Visit the Kalahari Oranje Museum Complex during the day and then enjoy a gentle sundowner cruise on the river in the evening. Then head out of Upington, through red dunes on the one side and the country's longest river, the Orange River, on the other side, past Keimoes and Kakamas, right up to the Augrabies Falls. No visit to the Northern Cape is complete without stopping over at the Falls, which is memorable sight to behold. If you have time, drive a short distance north to Riemvasmaak to relax in the hot springs, dwarfed by granite cliffs, or simply relax in the lunar landscape.

If all those long stretches of road have made you thirsty, don't forget that you can do some wine tasting at a handful of wine cellars dotted around the province – at Upington, Hartswater, Keimoes (here you'll find brandy as well), and Douglas.















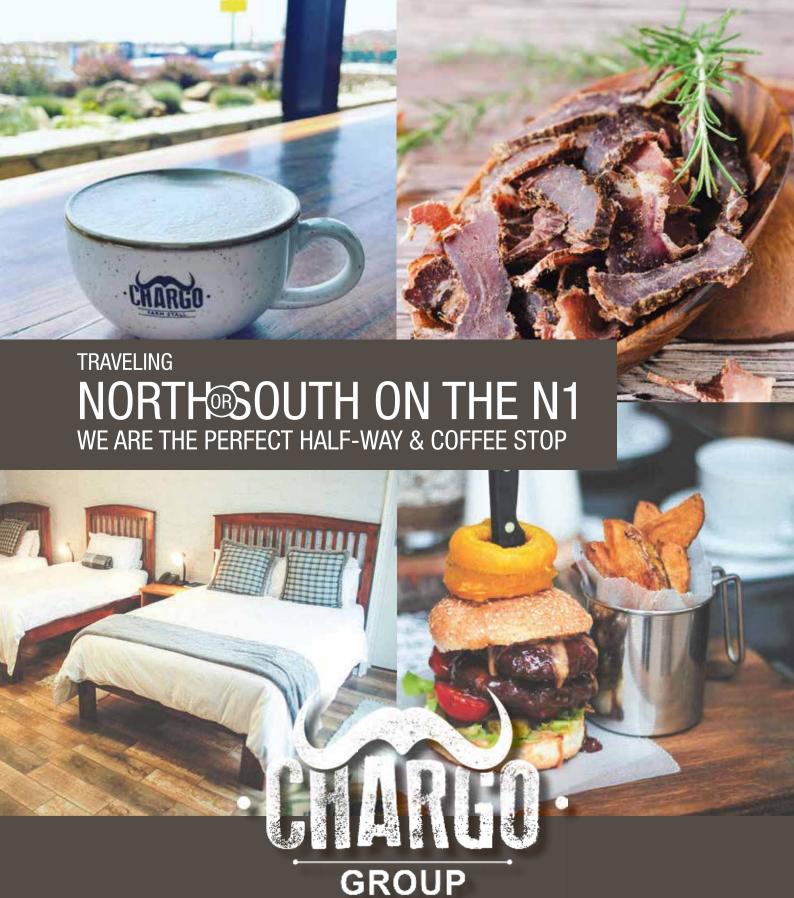






MAIN PHOTO: The mighty Orange River is the perfect spot for a sundowner off or on the water. CLOCKWISE FROM TOP LEFT: Did you know Kimberley hosts international skateboarding events? OFM's Alucius Mocumi joins the fun. OFM's Yolanda Maartens was keen to experience a day in a miner's life, and explore a "Hole" new experience in Kimberley. The humble donkey is still celebrated today for the important part it played in the development of the town of Upington. In Upington, it's easy to see why lush green vineyards have contributed to the region's apt nickname, the Green Kalahari.





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### Onaangeraak, tussen niks en nêrens

eg in die middel tussen niks en nêrens, lê daar 'n droë soutpan, 57km lank en 11km breed. Onaangeraak, net 'n klok in die middel van die pan om aan te raak. Stilte, sterre, én 'n wyntjie in die hand is al wat nodig is om in Verneukpan te land.

Simoné Jonker (Bethulie)



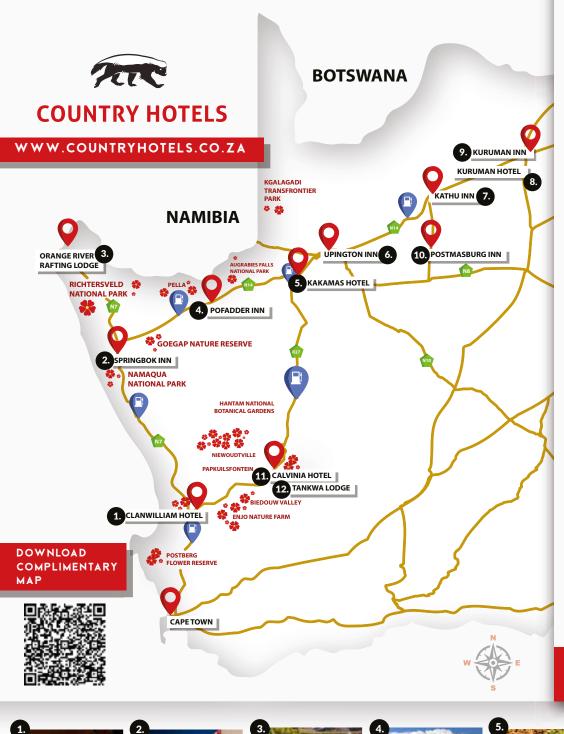








Die stilste plek op aarde. Geen mense, geen geraas, geen selfoonopvangs nie. Net die woestynpan, en vrede. **Verneukpan** is net noordoos van Brandvlei, tussen Swartkop en Diemansput. Om presies te wees: **S 30.00.299 E 021.08.772.** Ekstreme sportliefhebbers en adrenalien-junkies is mal oor die plek, maar dit is ook gewild onder reisigers wat ver bestemmings langs stil paaie soek: **www.verneukpan.co.za** 



#### AVERAGE -TRAVEL TIMES

Cape Town to Clanwilliam -2 hr 34 min (230.7 km)

Clanwilliam to Springbok -3 hr 17 min (341,2 km)

Springbok to Orange River Rafting Lodge -1 hr 18 min (128,4 km)

Springbok to Pofadder - 1 hr 36 min (173,1 km)

Pofadder to Kakamas -1 hr 21 min (142 km)

Kakamas to Upington -1 hr 13 min (90,8 km)

Upington to Kathu -2 hr 19 min (219,5 km)

Kathu to Kuruman -34 min (49,4 km)

Kuruman to Postmasburg - 1 hr 27 min (144,6 km)

Postmasburg to Calvinia -6 hr 31 min (627,7 km)

#### **MUST SEE** SPOTS -

Postberg Flower Reserve

Biedouw Valley

Hantam National Botanical Gardens

Namaqua National Park

Goegap National Park

Richtersveld National Park

Augrabies Falls National Park

Kgalagadi Transfrontier Park

🗱 Flowers

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#### RIEMVASMAAK

# Natuurskoon in die berge is asemrowend

s nuwe inwoners van die Noord-Kaap, ken ons Vrystaters net mielielande. Manlief besluit op 'n road trip. Op die Upington-pad is die Rooikar Padstal - die vriendelikste mense met die heerlikste koffie en ontbyt. Die eerste onwerklikheid wat ons beleef, is die wingerde tussen Upington en Kakamas. In Kakamas is die Pienk Padstal met die heerlikste melkskommels en gedroogde vrugte. Hardkoppig, soos enige man, luister manlief nie na Mona die GPS nie en vat hy die ander roete verby Augrabies tot op Blouputs, want ons wil Riemvasmaak toe. 'n Bergpad en 'n klein Indiese karretjie werk nie saam nie. Ons draai maar om en besluit toe tog om Mona se pad te volg. Sestig kilometer van sinkplaatpad teen 20km/uur is nie vir almal nie. Eindelik op Riemvasmaak, toe is dit ons en die berg met opdraendes, afdraendes en haarnaalddraaie. Ek sit soos iets wat gif gekry het van skok, liefie kom red my met 'n kouetjie nadat hy afgepak het. Die natuurskoon in die berge is asemrowend, die warmwaterbaddens uit die boeke. Die mooiste is die klippe op die berg wat lyk soos 'n man wat sy vrou op die voorkop soen. Riemvasmaak sien ons weer en die res 'n ander keer.



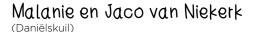














Die Groen Kalahari is 'n streek bestrooi met skatte - uitgestrekte gebiede van semi-woestyn verskil dramaties van die welige groen wingerde in die Oranjerivier se vrugbare valleie. Riemvasmaak, 'n militêre toetsterrein tot 1994, is naby die Oranjerivier geleë - naby Kakamas en die Namibiese grens. Verken bedags sy grotte en natuurreservate, of besoek 'n tradisionele dorpie, en geniet later aandete by 'n moderne kafee of luukse restaurant. En as jy graag aandenkings koop, bring 'n ekstra tas - jy sal baie unieke items raakloop. www.riemvasmaak.co.za

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# lets uit 'n sprokieswêreld

k dink as daar 'n hemel op aarde sou wees, is hierdie die plek! Dit is asemrowend mooi - voorwaar idillies met absolute stilte en privaatheid! Laatmiddag word jy bederf met 'n sonsondergang wat jou na asem laat snak, die prentjie verander elke minuut. Jy kan nie ophou kyk totdat die son heeltemal verdwyn het nie! 'n Mens kan letterlik nie oor die sonsondergang kom nie en dink dit móét die hoogtepunt van die dag wees... maar dan word jy die volgende oggend wakker met nog iets uit 'n sprokieswêreld! Jy trek jou gordyne oop en wéér snak jy na asem wanneer 'n sprokiesmooi skouspel van miswolke die hele aarde toevou en die berge 'goeiemôre' soen! Wanneer jy op die stoep uitstap, voel dit letterlik of jy bo-op die wolke kuier! Dan klim jy maar weer terug in die bed met 'n koppie koffie en waardeer dié gevoel van hemel op aarde totdat die miswolkies stadig verdwyn en jy die dag kan welkom heet! Ons kon onsself nie van die stoep wegskeur nie en het heeldag daar gekuier, geswem en die natuurskoon ingedrink - kinderlik opgewonde om te sien wat die volgende sonsondergang en -opkoms gaan optower!





Marile Roux (Hartbeesfontein)













Geleë op die rand van die Van Rhynpas se kranse, in die rigting van **Nieuwoudtville**, sal jy die **De Krantz-huis** ontdek met die mees majestieuse uitsig oor die vallei. Bespreek dié luukse selfsorg-plaashuis op **dekrantzhuis.com** of by **083-645-6446** en laat die natuur se rustigheid en stilte jou liggaam en gees vernuwe.





# SET IN KIMBERLEY, 3.1 KM FROM THE BIG HOLE

Padlangs offers accommodation with a garden, free private parking and barbecue facilities. The guest house features 6 rooms sleeping 15 guests.

The units in the guest house are equipped with a TV. Certain rooms will provide you with a kitchen with a microwave, a fridge and a stovetop.

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# Die Sinkhuisie, WILLISTON

## Upmarket shack!











ver wanted to feel what it is like living in a - shack? Die Sinkhuisie close to Williston in the Northern Cape is just the place. It is in the middle of nowhere, there is no electricity, no cell phone reception and nobody to bother you! Just the odd, lonely springbok that walked past in the distance as we were busy braaiing. It is made of corrugated sheeting, with a nice reed ceiling for some additional atmosphere. It has a beautiful old bed with lots of blankets stored in a wooden crate to keep you warm during the freezing Karoo nights. There is even a primus stove that you can use to make your morning coffee, with an old battery-powered radio complete with a piece of wire as antenna that you listen to while enjoying your boeretroos. You have to make a fire in the donkey to have hot water to shower. The fact that there is a proper loo is the only sign that this is a slightly upmarket shack! This was a humbling and wonderful experience.

#### Jan Rautenbach

(Vanderbijlpark)

Discover this little gem in the Karoo, just outside Williston. Die Sinkhuisie truly takes you off the grid with solar energy only and no cellphone coverage. Relax on the stoep and enjoy the land of contrasts, where less is more... Book at Lekkeslaap.co.za/akkommodasie/die-sinkhuisie









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# A hidden gem

ravelling the Northern Cape, especially the rural Northern Cape, will leave you with countless memories. Van Zylsrus is a hidden gem en route to the Kgalagadi Transfrontier Park, close to the Botswana border, and surrounded by the red dunes of the Kalahari. Travelling from Kathu, be sure to take the detour via Deben/Winton through the Tswalu Kalahari Reserve for free game viewing from your vehicle as you travel to Van Zylsrus. What to do in the Kalahari? NOTHING! Not because there isn't anything to do, but because you don't have to do anything. You are in the Kalahari! But if you are feeling adventurous, there are many activities, ranging from wild camping, game viewing, 4x4 trails, visiting the Meerkat Project, hiking, stargazing, to sundowners on a red sand dune. Leave your car with the Legend of the Kalahari - Stokkies - and experience the tranquility by donkiekar. Van Zylsrus is on the Kalahari Highway, and you can travel anywhere from there. (There aren't always roads leading somewhere, but with enough patience, you will eventually get there.) PS: Don't be surprised when the locals come and greet you by hand.

#### Juante Bean

(Niekerkshoop)

Van Zylsrus Hotel in the Kalahari is in an unusual and vibrantly beautiful world with flamboyant colours and mysterious beauty. The village itself is quintessential Kalahari... small, remote, and serene. Book at 053 781 0201 or www.vanzylsrushotel.com and don't do the conventional... do the Kalahari!

## Kleinjan-restaurant

k, my man, en twee vriende het in 2021 die voorreg gehad om die Kleinjan-restaurant te besoek. Dié restaurant van die bekroonde Jan-Hendrik van der Westhuizen, wat 'n Michelinster sjef is, is in die Tswalu-natuurreservaat. Gewoonlik kan 'n mens die park net besoek as 'n mens daar oornag, wat meestal net bekostigbaar is vir oorsese gaste. Maar, sedert die restaurant oop is vir dagbesoekers, is dit die besoek van 'n leeftyd. Die aantal gaste is beperk per dag, en ook net beperkte dae is beskikbaar vir bespreking, so dit is absoluut uniek. Die besoek begin met 'n rit op 'n wild-besigtigingsvoertuig vanaf die optelpunt na die restaurant. Dáár begin 'n 8-gang maaltyd, gefokus op plaaslike Noord-Kaapse bestanddele, met verrassings regdeur, van sit op die outydse plaashuisstoep tot deurloop na die 'sink-dam' wat lei na 'n ondergrondse kelder en restaurant wat uitkyk op die mooi Kalahari met Kameeldoringbome. Ek sal dit aanbeveel nie net vir die smaaklike kos nie, maar vir die ongelooflike ervaring, wat vir 'n slag ook binne bereik van ons "binnelanders" is.

#### Corlien Gous

(Postmasburg)

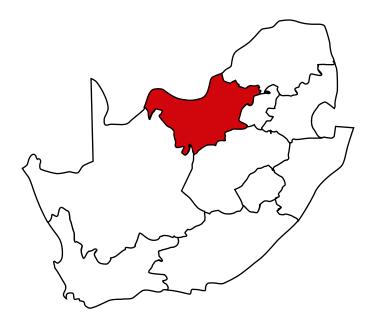
Restaurant Kleinjan is geleë in een van Suid-Afrika se mees gerekende private nattuurreservate, die ongetemde Tswalu Kalahari, waar die eenvoudige en outentieke manier van doen gevier word. Die bekroonde Michelin-ster sjef, Jan-Hendrik van der Westhuizen, vertel hier die storie van Suid-Afrikaanse kultuur met sy kos. Bespreek drie maande vooruit op janonline.com



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# NORTH WEST

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#### **NORTH WEST**

# The Platinum Province of South Africa



Watch a video of OFM's presenters exploring the North West.

he so-called Platinum Province boasts a variety of exciting attractions. Two World Heritage Sites? Some of the best angling opportunities in South Africa? Spotting some of the Big Five? Check, check and check again!

The vast expanse of African savannah bushland in the province is home to a great variety of game species, including lion, buffalo and rhino, which can be seen at one of a number of privatelyowned game reserves.

On the border between the Free State and North West awaits the largest meteorite impact site in the world the Vredefort Dome. The crater site is located near the towns of Parys and Vredefort. It is advised that you explore its rugged beauty using a registered quide.

If catching and cooking your next meal while on holiday is more your thing, then the Bloemhof Dam, also bordering the Free State, is a renowned fishing destination for carp and catfish.

Heading west from the dam, you will arrive at the Taung Heritage Site. Taung became famous in 1924 with the discovery of a fossilised skull of a child, which led many scientists to believe that the origins of early man were on the African continent. Besides its archaeological importance, the area's magnificent scenery, Blue Pools, limestone cliffs and picturesque caves provide an ideal spot for hiking, abseiling or simply picnicking.

Looking to show the kids rock paintings? You can find artworks thought to be over 20 000 years old some two kilometres north of Schweizer-Reneke on the Delareyville Road.

Potchefstroom plays host to a number of museums, including the Totius House Museum, the Goetz Fleischack Museum and the President Pretorius Museum. Alongside the Mooi River in Potchefstroom you will find the OPM Prozesky Bird Sanctuary. Bird lovers from all over the world flock here to try to spot various species.



























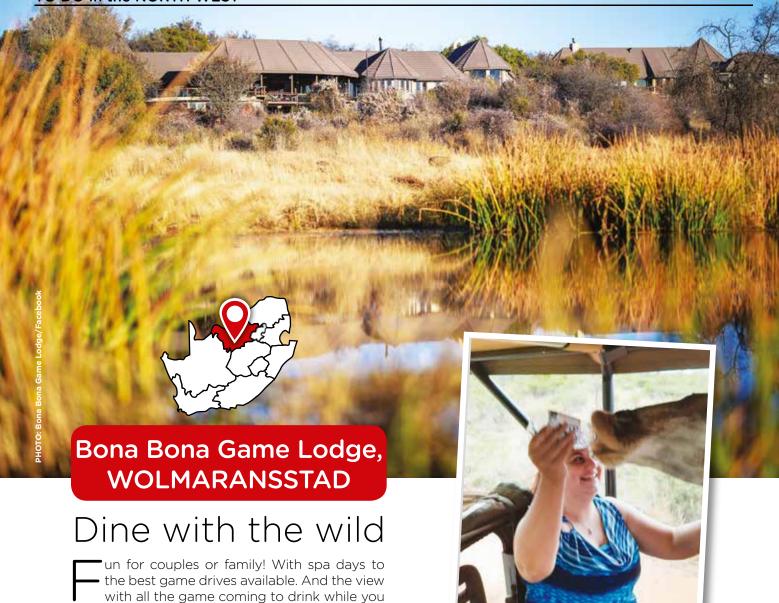








MAIN PHOTO: Located in Potchefstroom, along the Mooi River, is the 70-hectare OPM Prozesky Bird Sanctuary, attracting not only a fantastic variety of birds but bird enthusiasts from all over the world too - complete with strategically positioned hides to monitor and witness birds in their natural habitat. CLOCKWISE FROM TOP LEFT: Housed in a sandstone prison building completed in 1891, the Klerksdorp Museum (identified by the historical Klerksdorp Stock Exchange gateway) is a must stop for visitors. The Klerksdorp Museum features an art gallery of local works. The Klerksdorp Museum is home to artifacts dating back to the late Victorian era. Traveling on Govan Mbeki Drive motorists are welcomed upon entry into Potchefstroom. Bird lovers from all over the world flock to the OPM Prozesky Bird Sanctuary in Potchefstroom. OFM's Good Morning Breakfast presenters take a moment at the Dutch Reformed Church building, standing proud as an iconic landmark of the City of Matlosana. Star Raceway is in Klerksdorp, a safe environment for families and speed lovers to congregate around its newly built oval track.



Bennita Louw (Kroonstad)





you should have at least once.



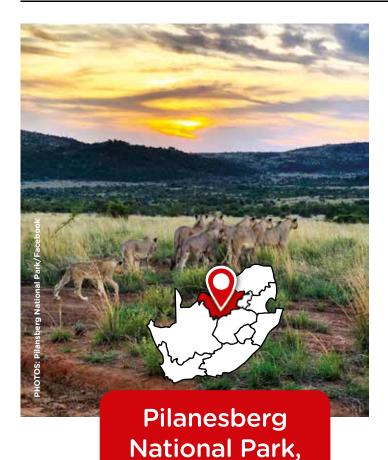
are eating at the restaurant - simply an experience





Four of the Big Five can be viewed at the **Bona Bona Game Lodge** at Wolmaransstad. The Jakkals Restaurant overlooks the majestic views of the water hole and untamed African bush. Snuggle up next to the fireplace with a glass of wine or enjoy a cocktail on the deck while watching rhino and plains game. Visit **bonabona.co.za** or phone **018-451-1188** for accommodation options and info about the Wil'de'Wyn Festival.







# Nature park experience just amazing

**RUSTENBURG** 





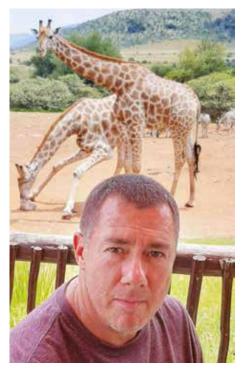




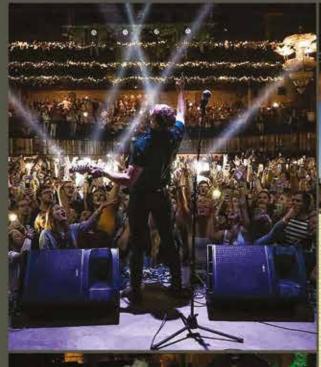
e were on vacation at Sun City, so we decided to take the day to visit the Pilanesberg National Park. The park is so clean and even the roads are well maintained. The staff at the park were very friendly and helpful and even gave us an indication of where we could expect to find lions. The animals are all so beautiful and cared for. It was an amazing trip.

#### Pieter Veldman

(Vanderbijlpark)



Enjoy a unique African wildlife experience within the heart of an extinct volcano. Visitors to the Pilanesberg National Park in the Bojanala region are offered accessible and thrilling big game viewing in a malariafree environment. Visit www.pilanesbergnationalpark. org to experience the wonders of the Pilanesberg.







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#### Apiesdeel, **CHRISTIANA**

# Perfek vir 'n familiesaamtrek...













ir 'n heerlike wegbreek, besoek Apiesdeel. Dit is 'n visvang-oord selfsorg-akkommodasie op die water, 'n swembad, en 'n speelparkie vir die kinders. Dit is perfek vir 'n familie-saamtrek of net 'n heerlike wegbreeknaweek in die natuur... waar die apies die koekmeel steel wat ons vir die visvang gebruik.

#### Charne Froneman

(Bloemfontein)

Geleë op die oewer van die Vaalrivier, tussen Christiana en Bloemhof, is die Apiesdeel-hengeloord. Hier kan jy kampeer of uitspan in 'n karavaan of chalets wanneer jy nie langs die viswaters kuier nie. Besoek www.apiesdeel.co.za en bespreek by 066-347-7245 om te verstaan hoekom dit hengelaars regoor Suid-Afrika se gunsteling uithangplek is.









# Provence Padstal, POTCHEFSTROOM

# Wanneer jy verlang na jou ouers se kos

s student was ons mal daaroor om hier te gaan eet. As ons verlang het na ons ouers se kos, was daar nie 'n beter plek om 'n Suid Afrikaanse ontbyt en 'n fantastiese koppie boeretroos te gaan geniet nie. Spring vinnig in die kar, trek lekker gemaklik aan en vat die pad uit na net-net buite Potchefstoom, op pad Carletonville toe. Daar kry 'n mens die wonderlike padstal, waar dit voel soos huis, en dit is vir seker vir oud en jonk. Die padstal is beslis sakpas met 'n heerlike bord kos wat jou tot môre volhou. Enige persoon sal hier 'n stukkie hemel op aarde beleef.

Bianka de Lange (Potchefstroom)









Die Provence Padstal, net buite Potchefstroom, bied Sondagmiddagetes soos wat jy laas om jou ma se tafel geniet het. Verlekker jou in die spyskaarte op hulle Facebook-blad en bespreek jou Sondagmaal: 064-217-3321. Wagter is ook welkom.



# Celebrating love, life

n 19 December 2021, my husband and I celebrated our 13th wedding anniversary in Hartbeespoort. We visited several restaurants and farm stalls, we ate the most scrumptious food, had exotic drinks, and enjoyed homemade bread with biltong soup. We were "surprised" with a happy anniversary dessert. I know my beautiful and amazing husband did that...

#### Nadia Faro

(Pretoria)













Hartbeespoort, also known as Harties, is situated along the shores of the dam and is surrounded by the majesty of the Magaliesberg mountain range. As the Adventure Capital of the North West, it's a popular destination for weekend getaways or day trips. It further offers many quaint little restaurants, coffee shops, breweries, and craft and curio shops.

Fisherman's On Deck (083-386-4669) offers amazing food on a wooden deck overlooking the dam, surrounded by mountains. The Gin & Wine Lounge, Almost Orange (072-462-1891), is set on a working citrus farm, and serves up a laid-back experience with platters or tapas. The French Toast Coffee Café (078-592-6953) was specially built as a film set to resemble a bar in Montmartre, Paris. And Jasmyn Farm Products (012-259-1183) invites visitors to sample some of the magic that sets its fresh products apart.







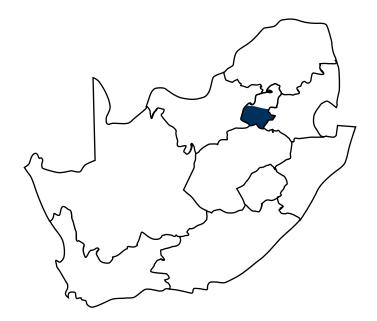
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# VAAL TRIANGLE

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- 60 Old Willow No.7 Houseboat Charters, VANDERBIJLPARK
- 61 Little Kingdom, VANDERBIJLPARK



#### **VAAL TRIANGLE**

# An adventure and entertainment playground



Watch a video of OFM's presenters exploring the Vaal Triangle.

n adventure and entertainment playground awaits you in the Vaal Triangle - from water sports, game drives, fishing, hiking, sky diving and hot air ballooning to wine tasting, boat cruises, museums and heritage sites. Wonder where the Vaal Triangle gets its name from? It's based on the triangular-shaped area formed by Vereeniging, Vanderbijlpark and Sasolburg.

Vereeniging and Vanderbijlpark, blessed with the refreshing water of the Vaal Dam and River, are where you should head if you are looking for a day's fun in the sun. River rafting, boating, fishing, kayaking, snorkelling, tubing are but some of the activities you can enjoy.

And if you'd rather not get wet? Then, hot air ballooning, bungee jumping, paintball, quad biking, golf courses, the Marievale Bird Sanctuary and Suikerbosrand Nature Reserve are on the menu. A river cruise is also a perfect weekend outing, together with a buffet lunch and live entertainment afterwards at one of the local restaurants.

Interest piqued for more indoors activities? There is gambling for those looking for excitement of a different kind and the Barnyard Theatre in Vereeniging caters for culture vultures. The annual Vaal River Meander Wine Route, held over six weeks in winter at various locations in the Vaal, is a mustdo for both wine connoisseurs and amateur wine lovers.

The region is also rich in history, museums and memorials - from the Sharpeville Memorial to the rock engravings at Redan and the Stone Age remnants at the Klip River terrace.

In Sasolburg, you will find the Etienne Rossouw Theatre, which hosts monthly shows - from comedy shows to ballet.





























MAIN PHOTO: Central to the industrial and recreational amenities in the Vaal Triangle are the Vaal River and the Vaal Dam. It's the third-largest river in South Africa, at just under 1500 kilometres. It is host to many real estate, farming and holiday opportunities for South Africans and internationals alike. River cruises are abundant and the sunsets make for some of the most exquisite in South Africa. CLOCKWISE FROM THE TOP: Revel in Friday night bands, good food, and a courtyard with a vineyard at the Sylviavale Heritage Village complete with a museum of old model cars and automobiles in Vanderbijlpark. Sunset cruises are a must along the Vaal River. The Vaal Triangle (as gestured by Gerben van Niekerk) offers much to see and do without needing to drive around too much. In Vereeniging, Sam Ludidi takes time to line up his putt at the Riviera on Vaal Country Club with its (breath-taking) breathtaking views and a truly unforgettable resort experience.







# Cruising along on the Vaal river











spectacular experience on board the Liquid Lounge (one of many Vaal River cruises). Enjoy a beautiful setting with beautiful trees and the calmness of the water. The food was amazing. Best vibe!!! Put Liquid Lounge on your bucket list for a luxurious and relaxing experience!.

Soraya Saslonka (Sasolburg)



glo my - hierdie bootrit by die Emerald Resort & Casino is 'n belewenis. Die hele casino is 'n wonderlike plek vir oud en jonk, maar hierdie Liquid Lounge-bootrit langs die oewer van die Vaalrivier is fantasties. Terwyl die boot heen en weer op die rivier vaar, kan jy iets eet en jou keel nat maak, terwyl jy die mooiste uitsig oor byvoorbeeld die golfbaan geniet. "Vuil Vanderbijl" is glad nie die geval rondom hierdie "Emerald" van 'n plek nie. Ons gesin het die wonderlikste, kwaliteit-tyd geniet teen 'n bekostigbare prys -'n lekker uitstappie. Ek sal vir seker hierdie plek aanbeveel vir enigiemand wat daar deurry.

ie ongelooflikste plek in die Vaaldriehoek.

Almal praat van "vuil Vanderbijl", maar

Lienkie Pike

(Bloemfontein)



Along the lush shores of the Vaal River - aptly named Millionaires Bend - lies one of the finest land cruisers in South Africa. Established in 2003, Liquid Lounge is a family-run business, which operates from two of the finest resorts in the Vaal, the Emerald Resort & Casino, or the Riverside Sun. This luxurious cruiser is the ultimate floating venue for any group to enjoy together: www.liquidlounge.co.za or 083-664-3394



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#### Pont de Val, VANDERBIJLPARK

# Fit for any celebration

he reason we chose to go to Pont de Val was to celebrate my birthday and ten years in a relationship with my boyfriend, and to my surprise, we got engaged - wow! So, we wanted a place to stay for two nights and also be able to celebrate. Our expectations were met with a good picnic set-up on the banks of the Vaal River, a boat cruise plus, and the beautiful hotel and spa. The place is just so breathtaking, so we will want to go back to experience more - like the horseriding, the retro bike riding, the wine tasting, and a helicopter ride. This time around just to go wild. Don't forget the food at their Riverside Restaurant - yoh, it looks and tastes so nice. And as if that is not enough, they have beautiful apartments to rent or you can just buy a nice estate house right there! Imagine waking up to the morning breeze of the Vaal River, surrounded by so much beauty and nature - now that would be awesome.

#### Karabo Soldaat

(Parvs)

The French countryside-themed Wine Estate at Vanderbijlpark, **Pont de Val,** offers you many ways to escape the rush, be it by retro bike, helicopter, horse rides, or even on a boat cruise. Else, just relax in the spa after visiting our Riverside Restaurant or Picnic Park, tasting wine made right here on the banks of the Vaal: www.pontdeval.co.za or 016-004-0019



















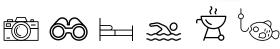


## 'n *Sundowner* op die Vaalrivier

ooit sal ek dit vergeet nie!! Op my verloofde se verjaardag het ek hom bederf met 'n bootreis vir die hele naweek op die Old Willow Houseboats. Dit was die lekkerste naweek ooit. Ons het die Vrydagmiddag op die boot geklim en die Sondagmiddag weer afgeklim. Ons het in die oggende ontbyt op die boot gemaak in die mistigheid wat nog op die water lê. In die middae het ons 'n vleisie gebraai met visstokke in die water en net lekker rustig rondgery. In die aande het ons gaan eet by Stonehaven on Vaal en dan 'n *sundowner* op die boot se dak gesit en drink - die mooiste uitsig! In die aande voor ses moet jy vasmeer by 'n sekere plek waarvan hulle jou 'n kaart verskaf en jy kan self besluit waar jy dan wil slaap vir die aand. Wat ek nie gou sal vergeet nie, is die lekker slaap op so 'n boot - die boot wieg heen en weer en so slaap jy wraggies heerlik. Alles wat jy benodig is op die boot, die life jackets, toiletgeriewe, bed, gasstoof, kombuis, radio, en meer. Al wat jy saamvat is jou klere en dan ook die kos en drinkgoedjies vir die naweek. Hierdie ervaring het definitief weer die spark teruggesit in ons verhouding. Hoe romanties! Ek sal enige tyd weer die ervaring wil herleef. AMAZING!







Old Willow No.7 Houseboat Charters by Vanderbijlpark bied jou 'n onvergeetlike ervaring: Verken self die Vaalrivier in 'n selfsorg-huisboot. Gooi anker vir die nag op 'n afgesonderde plek en kyk hoe die son sak terwyl jy op die dek braai met kabbelende water en kwakende paddas wat jou later aan die slaap sus. Bespreek jou huisboot by 083-391-4884 of oldwillow.co.za en span jou eie "seile"!



#### Little Kingdom, VANDERBIJLPARK

# Ouers kan híér terugsit en ontspan

ekker kos en lekker mense; as jy daar instap voel jy die rustigheid en jy voel veilig. So baie vir die kinders om te doen en te geniet terwyl jy as ouer lekker kan terugsit en ontspan met iets om te drink en te eet. Fantastiese plek vir gesinne!

#### Bianca Labuschange (Sasolburg)











**Little Kingdom** in Vanderbijlpark hou die kleinspan aan die beweeg terwyl ouers soos koninklikes in die restaurant kan terugsit en kuier. Dié kinderparadys het springmatte, 'n ekstra off-road fietsbaan vir kleuterskopfietsies, 'n reuse-sandput, 'n swembad, springkastele en meer. Reël 'n partytjie (082-619-1662) of volg die spesiale vakansieprogamme op littlekingdomvenue.







**Example** Lichtenburg POTCHEFSTROOM **Delareyville** 96.3 FM Vryburg 94.4 FM Vereeniging KLERKSDORP Vanderbijlpark 96.3 FM Schweizer-Reneke **Wolmaransstad** Bothaville 95 5 FM Bloemhof Petrus Steyn 96.6 FM Request Kroonstad Christiana 96.8 FM @ Reit 95.7 FM 95.1 FM Bethlehem WELKOM Harrismith Senekal Theunissen 6 Clarens **KIMBERLEY** Brandfort@ Clocolan Jacobsdal @ 96.2 FM Ladybrand ( BLOEMFONTEIN 94.0 FM Prieska Boesmanskop

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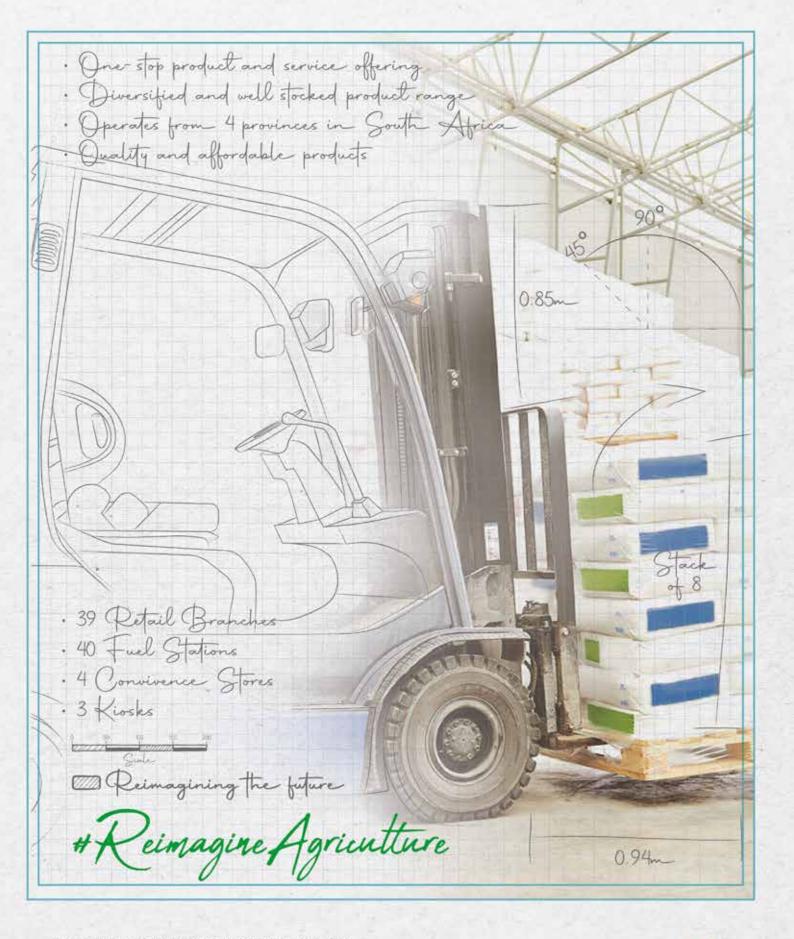
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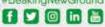
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Whether you choose to travel by car, on foot or by plane, we hope **The Real Good Travel Book** inspires you to get out there, explore Central South Africa and live the real good life.

The Free State, Northern Cape, North West and the Vaal have so much to offer for both novice and experienced travellers.

How about a weekend getaway at a self-catering cottage on a farm, preparing meals from delicious local fare bought at farm stalls along the way? Or a staycation in your town or city where you book into a hotel or B&B and visit museums, art galleries and cultural and historical landmarks?

School holidays coming up? Then make the most of the time to travel further afield and explore the region's national parks. No matter your age, the wildlife and aweinspiring landscapes will send you home inspired, refreshed and ready to plan your next getaway.

Now, start working on that travel bucket list and safe travels!









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