

# what's cooking

THIS WINTER?

The Ultimate Gourmet Tuna Sandwich



SCAN TO WATCH

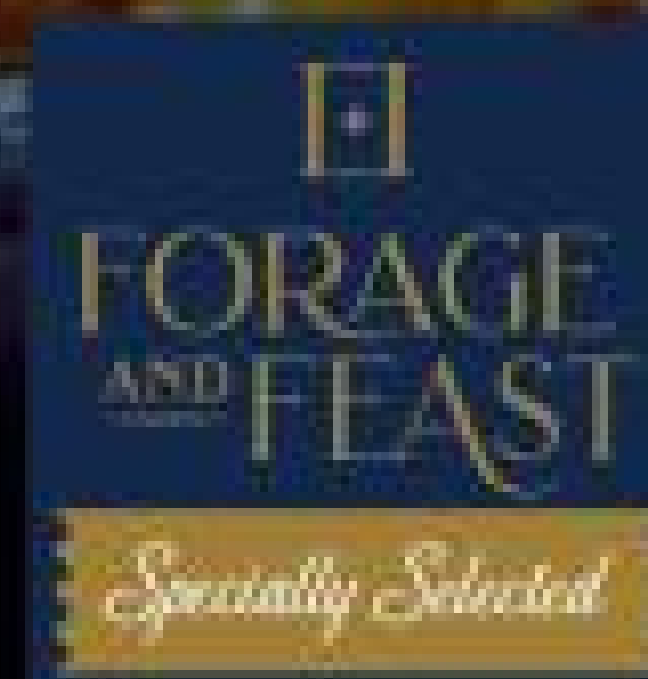


BUY ANY 2 &

**SAVE  
20%**

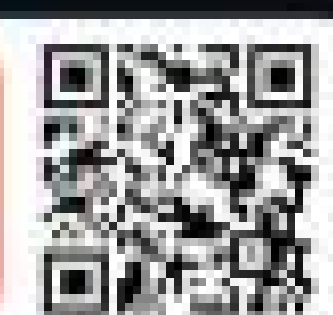
X WITH CARD

2 x Forage and Feast  
Frozen Seafood Range



Winter warmers,  
delivered in 60 minutes.

Download the app



# Checkers

The Ultimate Texas Burger



SCAN TO WATCH



## TRADITIONAL TEXAS STYLE BURGERS

- ✓ 100% South African beef
- ✓ Special blend of spices



new

SAVE R35  
**FREE  
DEAL**

X WITH CARD

BUY 2 x Texas Style Burger  
Pack & GET a 4 pack  
The Bakery Brioche Rolls  
for FREE!

# global flavours

Explore our new ranges, inspired by tantalising  
tastes from around the world.



BUY ANY 2 &  
**SAVE 15%**

X WITH CARD

2 x 200g/250g/320g Café Culture  
Fresh Dunked/Southern Fried/  
BBQ Wings



BUY ANY 2 &  
**SAVE 15%**

X WITH CARD

2 x 150g/250g/300g Café Culture  
Fresh Bitter Ballen/Potato Tots/  
Jalapeño Poppers/Falafel Bites



SAVE 15%  
**135<sup>99</sup>**

900g

X WITH CARD

Foodie! Baked Loaded  
Mac & Cheese Ready Meal



SAVE 15%  
**195<sup>49</sup>**

1kg

X WITH CARD

Foodie! Beef  
Bourguignon Ready Meal



SAVE 15%  
**152<sup>99</sup>**

1kg

X WITH CARD

Foodie! Chicken  
Burrito Bake Ready Meal



SAVE 15%  
**135<sup>99</sup>**

800g

X WITH CARD

Foodie! Chicken  
Fried Rice Ready Meal

Foodie! Beef Trinchado



SCAN FOR RECIPE

**SAVE R50  
BUY ANY 2  
& GET A 3<sup>RD</sup>  
FREE**

X WITH CARD

BUY Any 2 x 350g/400g Foodie! Fresh Cook-In-Sauce All Variants & GET a 3<sup>rd</sup> FREE!



**SAVE R30  
2 FOR  
R100**

X WITH CARD

2 x 300g Foodie! Prawn Moqueca



**SAVE R40  
BUY ANY 2  
& GET A 3<sup>RD</sup>  
FREE**

X WITH CARD

BUY Any 2 x 200g Foodie! Fresh Sauce All Variants & GET a 3<sup>rd</sup> FREE!



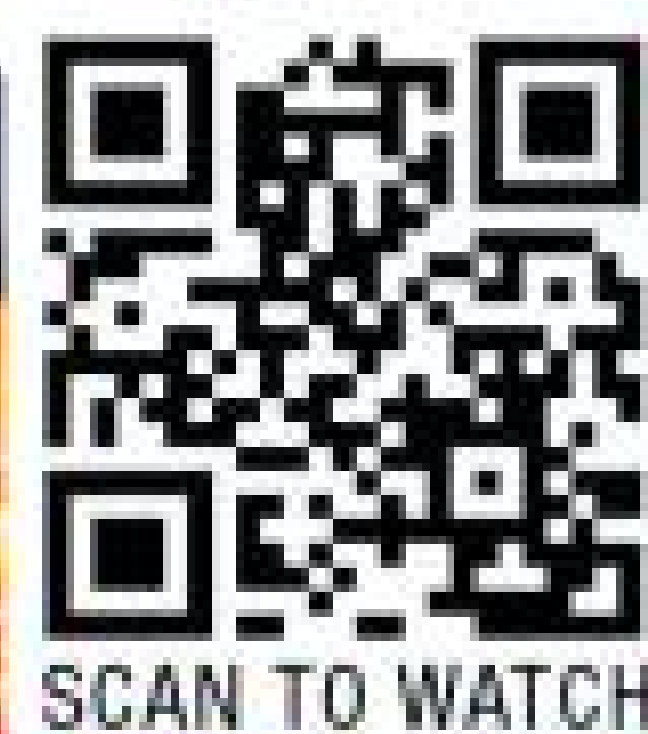
SCAN FOR RECIPE

Teriyaki Brisket Bowl

# new Foodie! range

Mix your menu up with delectable, globally inspired flavours made with the finest locally sourced ingredients. Make mealtime exciting, every time!

Explore NEW Foodie! Range



SCAN TO WATCH

**SAVE R30  
ANY 2 FOR  
R100**

X WITH CARD

2 x 300g Foodie! Ready Meal All Variants



**BUY ANY 2  
& GET A 3<sup>RD</sup>  
FREE**

X WITH CARD

BUY Any 2 x Foodie! Forge and Feast/Bella Vita Pizza All Variants & GET a 3<sup>rd</sup> FREE!



**SAVE R70  
BUY ANY 2  
& GET A 3<sup>RD</sup>  
FREE**

X WITH CARD

BUY Any 2 x 250g Foodie! Fresh Paste All Variants & GET a 3<sup>rd</sup> FREE!



SCAN FOR RECIPE

Thai Chicken Curry



**SAVE R30  
ANY 2 FOR  
R100**

X WITH CARD

2 x 300g Foodie! Ready Meal All Variants



**SAVE R50  
BUY ANY 2 &  
GET A 3<sup>RD</sup> FREE**

X WITH CARD

BUY Any 2 x 350g/400g Foodie! Fresh Cook-In-Sauce All Variants & GET a 3<sup>rd</sup> FREE!



**SAVE R70  
BUY ANY 2 &  
GET A 3<sup>RD</sup> FREE**

X WITH CARD

BUY Any 2 x 250g Foodie! Fresh Paste All Variants & GET a 3<sup>rd</sup> FREE!



**STEAKHOUSE  
CLASSIC**

- ✓ 21 cuts perfectly matured for maximising flavour & succulence
- ✓ Hand-trimmed and thick cut to our expert butchers' standards
- ✓ Vacuum-packed for added tenderness



**79<sup>99</sup>** per kg  
Pork Belly on the Bone



**109<sup>99</sup>** per kg  
Beef Brisket Bone-In



**159<sup>99</sup>** per kg  
Steakhouse Classic Whole Picanha Steak



**169<sup>99</sup>** per kg  
Steakhouse Classic Beef Ribcane Steak



## NEW Creamy Heat-&-Eat Soups

Jan Hendrik's  
Tuna Roses  
with Niçoise  
Chakalaka



SCAN FOR RECIPE



BUY ANY 2 &  
**SAVE  
20%**

WITH CARD

2 x Forage and Feast  
Frozen Seafood Range

## ANTIPASTI ESSENTIALS



**19<sup>99</sup>**  
72g  
Black Garlic  
Squeeze Pack



**SAVE  
10%**  
WITH CARD  
290g/295g/300g/380g  
Forage and Feast Olives  
All Variants Each



BUY ANY 2 &  
**SAVE R15**  
WITH CARD  
2 x 100g Forage and Feast  
Jamón Serrano/Matured Coppa/  
Prosciutto Crudo



BUY ANY 2 &  
**SAVE R10**  
WITH CARD  
2 x 150g/230g Forage and Feast  
Gouda with Cumin/Goat's Milk  
Cheese with Italian Herbs

# masto CREATIONS

Indulge in our special  
selection made with the  
finest ingredients.

FORAGE  
AND FEAST

Explore Forage and Feast Range

SCAN TO WATCH



**9<sup>99</sup>**  
20g bag  
Pasta Mix  
Herbs



**SAVE R15**  
**84<sup>99</sup>**  
150g  
WITH CARD  
Forage and Feast  
Grana Padano/  
Parmigiano Reggiano  
Hard Cheese Each



**SAVE R20**  
**2 FOR  
59<sup>99</sup>**  
WITH CARD  
2 x 500g Forage and Feast  
Mezze Maniche Rigate



**SAVE R10**  
**44<sup>99</sup>**  
260g/330g/  
520g  
WITH CARD  
Forage and Feast Sicilian  
Tomato Passata/Cherry  
Tomato & Ricotta/Cherry  
Tomato & Basil/Datterino  
Tomato Pasta Sauce Each

# erful



Tomato & Chilli  
Seafood Pasta



SCAN FOR RECIPE



**BUY ANY 2 &  
SAVE  
20%**  
X WITH CARD

2 x Cape Point Frozen  
Prawn Range Whole &  
Prawn Meat



**BUY ANY 2 &  
SAVE  
20%**  
X WITH CARD

2 x Forage and Feast  
Frozen Seafood Range



**999<sup>99</sup>** each

Forage and Feast  
Cast Iron Casserole  
- 30cm

Specially  
selected  
toppers



**SAVE 15%**  
**33<sup>99</sup>** 170g

X WITH CARD

Forage and Feast  
Cheese Topper Jam  
All Variants Each

**BUY ANY 2 &  
SAVE  
R20**

X WITH CARD

2 x Forage and Feast  
Frozen Ebony & Ivory  
Cake 830g/Chocolate  
Lava Cakes 2 per pack/  
Forest Berry Cheesecakes  
2 per pack



Ready-Made Decadent Desserts

SOMETHING SWEET



**59<sup>99</sup>** 100g

Forage and Feast  
Dark Chocolate with  
Almond & Blueberry



**59<sup>99</sup>** 100g

Forage and Feast  
70% Dark Chocolate  
Slab



**74<sup>99</sup>** 250g

Forage and Feast  
Dark Hot Chocolate



**74<sup>99</sup>** 250g

Forage and Feast  
White Hot Chocolate



**74<sup>99</sup>** 250g

Forage and Feast  
Instant Chai Latte  
with Rooibos

NEW Koeksister Pudding



new

SAVE 20%

**59<sup>99</sup>** 450g

X WITH CARD

Foodie!  
Koeksister  
Pudding Bake

Explore Local Flavours



SCAN TO WATCH

# DELICIOUS twists on local

Experience a fresh take on traditional with remixed ingredients and elevated dishes that wow.

## SINGLE SERVE DESSERTS



new

**SAVE 10%**

X WITH CARD

120g The Menu Lemon & White Chocolate/Sticky Toffee & Pecan Pudding Each



SAVE 20%

**47<sup>99</sup>** 450g/550g

X WITH CARD

The Menu Sticky Toffee/ Malva/Caramel Chocolate Malva Pudding Bake Each



**46<sup>99</sup>** 80 per pack

Forage and Feast  
Rooibos Tagless  
Tea Bags



new

SAVE R10  
2 FOR  
**R120**

X WITH CARD

2 x 330g Simple Truth  
Pecan Nut & Seed Rusks



new

SAVE R10  
ANY 2 FOR  
**R120**

X WITH CARD

2 x 400g/500g Forage and  
Feast Rusks All Variants

NEW Milk Tart Rusks



new

SAVE R20  
ANY 2 FOR  
**R120**

X WITH CARD

2 x 400g Foodie! Milk Tart/  
Hot Cross Bun Rusks



**GOURMADE**  
LAMB AND POTATO BREYANI  
350g  
KEEP FROZEN  
SAVE R25  
**74<sup>99</sup>**  
350g  
X WITH CARD  
Gourmade Ready Meal Lamb Breyani

Gourmade Lamb and Potato Breyani



**CHAMPIONSHIP BOEREWORS**  
SA'S NO.1  
✓ Endorsed by the SA Chefs Association  
✓ Contains a minimum of 90% meat and traditional spices  
**98<sup>99</sup>** per kg  
Championship Boerewors (Thick/Thin)

Championship Boerewors with Pap & Chakalaka



**READY TO COOK**  
CHUTNEY CHICKEN CASSEROLE  
1,2kg  
KEEP REFRIGERATED  
SAVE 20%  
**167<sup>99</sup>**  
1,2kg  
X WITH CARD  
Ready to Cook Ready Meal Chutney Chicken Casserole

Ready to Cook Chutney Chicken Casserole



SAVE R50  
BUY ANY 2 & GET A 3<sup>RD</sup> FREE  
X WITH CARD  
BUY Any 2 x 350g/400g Foodie! Fresh Cook-in-Sauce All Variants & GET a 3rd FREE!

NEW Foodie!  
Cape Malay  
Cook-in-Sauce



#### FOR THE KIDS



SAVE R20  
ANY 2 FOR  
**R90**  
X WITH CARD

2 x 200g Oh My Goodness! Ready Meal All Variants/230g Fruity Butternut Puffs/230g Mac & Cheese Bites

#### FOR THE FAMILY



SAVE 20%  
**R112**  
900g  
X WITH CARD  
Ready to Cook  
Frikkadels & Smoor Ready Meal



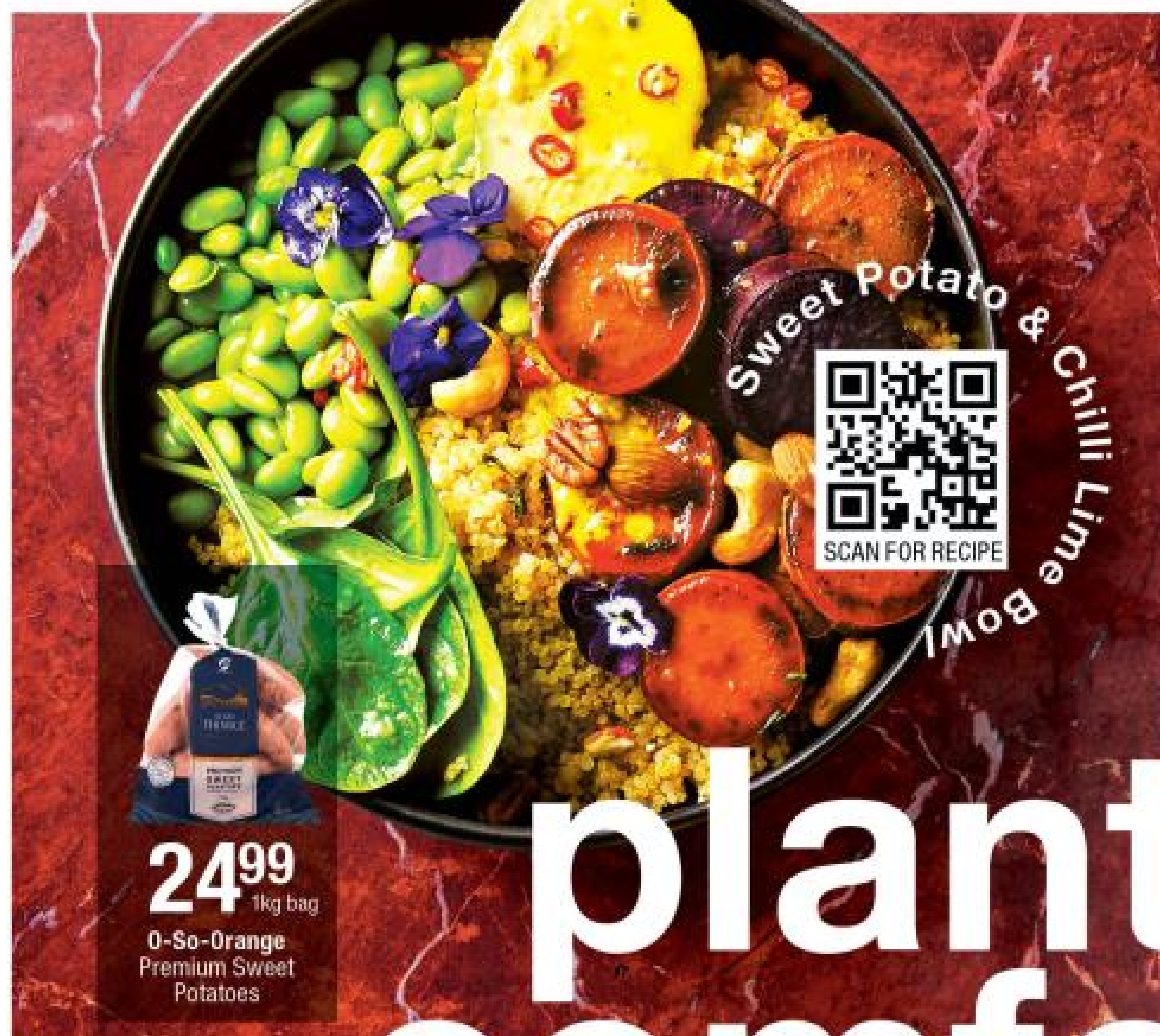
SAVE 20%  
**191<sup>99</sup>**  
1kg  
X WITH CARD  
Ready to Cook  
Oxtail Stew Ready Meal



BUY ANY 2 &  
**SAVE 20%**  
X WITH CARD  
2 x 750g/900g/1kg Bella Vita Ready Meal All Variants



BUY ANY 2 &  
**SAVE 20%**  
X WITH CARD  
2 x 800g/1kg The Menu Ready Meal All Variants



Sweet Potato & Chilli Lime Bowl



**24<sup>99</sup>**  
1kg bag  
O-So-Orange  
Premium Sweet  
Potatoes



BUY 2 &  
**SAVE  
15%**  
X WITH CARD  
2 x 150g Café Culture  
Fresh Falafel Bites



Greek-Style  
Falafel Gyo

# plant-based comfort food



Simple  
Truth

Simple  
Truth  
VEGAN  
PLANT-BASED  
CURRY PIE

**SAVE  
R10**  
X WITH CARD

400g Simple Truth  
Plant-Based Curry Pie/  
Aubergine Melanzane  
Parmigiana/Cottage Pie Each

Simple  
Truth

PLANT-BASED  
SPINACH & FETA  
CANNELLONI

**SAVE  
R10**  
X WITH CARD

350g Simple Truth  
Plant-Based Spinach &  
Feta Cannelloni



BUY ANY 2 &  
**SAVE  
20%**  
X WITH CARD

2 x Exotic Oyster  
Mushrooms 120g pack/  
Exotic Forest Mushrooms  
Mix 180g pack/Dried  
Forest Mushrooms Mix  
20g bag/Dried Shitake  
Mushrooms 20g bag



Exotic  
Mushrooms  
with Polenta



**SAVE  
15%**  
X WITH CARD

220g/225g/235g/250g  
Simply Great Salad  
All Variants



**SAVE R5  
29<sup>99</sup>**  
800g bag  
each  
X WITH CARD

Oven Roast Sweet Potato  
Chips/Cut Potato Chips



BUY ANY 2 &  
**SAVE 20%**  
X WITH CARD

2 x Unpeeled Baby Potatoes with Garlic Butter  
500g bag/Pumpkin Cubes 500g bag/Roast  
Veg Mix 800g bag/Cauliflower Crumbles 300g  
bag/Everyday Roast Veg 750g bag



**SAVE  
R10**  
X WITH CARD

400g Simple Truth  
Frozen Plant-Based Mince



**SAVE  
R10**  
X WITH CARD

2x125g Simple Truth  
Corn Couscous



**SAVE R5  
21<sup>99</sup>**  
400g  
X WITH CARD

Simple Truth  
Polenta



**SAVE  
R10**  
X WITH CARD

400g Simple Truth Plant-Based  
Aubergine Melanzane Parmigiana/  
Cottage Pie Each

Checkers  
**SIXTY60**



All your winter warmers,  
delivered in 60 minutes.

Download the app



**Checkers**  
better and better

also at  
**Checkers  
Hyper**

OFFERS VALID FROM MONDAY 17/06/2024 UNTIL SUNDAY 07/07/2024. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES NATIONWIDE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS, ACCESSORIES NOT INCLUDED. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES, WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).